

LFA T'ai Chi Workshops & Retreats Dates 2024

January - No workshop

Sunday February 4th

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday March 17th

10am - 2.30pm, Inmans Primary School, HU12 8NL

2 Day T'ai Chi Break

Tuesday 23rd & Wednesday 24th April

Hollins Hall Hotel, Bradford, BD17 7QW

Sunday April 14th

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday May 12th

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday June 23rd

10am - 2.30pm, Inmans Primary School, HU12 8NL

5 Day Summer School Workshops

Saturday 20th to Wednesday 24th July

10am - 2.30pm, Inmans Primary School, HU12 8NL

2 Day Coastal Retreat

Tuesday 10th & Wednesday 11th September

9.30am - 4pm, Sewerby Hall, Nr Bridlington

Sunday September 22nd

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday 13th October

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday 10th November

10am - 2.30pm, Inmans Primary School, HU12 8NL

Sunday 8th December

10am - 2.30pm, Inmans Primary School, HU12 8NL

